

Promoting Healthy Nutrition in Early Childhood

3-Part Training Series for Early Care & Education Providers



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- Sept. 28th *ABC's of Nutrition*
- Oct. 12th *Parent Involvement - Engaging Families
in Good Nutrition Practices*
- Oct. 26th *Incorporating Healthy Nutrition into
Early Childhood Curriculum*

All Sessions from 6:00-7:30 PM

Conference Room, Independence Square, Kingston

Please bring your favorite kid-friendly recipe with you!

Instructors: Laura Elson, BA

Donna Sassi, RN, BSN

Register Early! Email to almartin@cox.net

Class size limited to 30

This training is organized by the Washington County Coalition for Children with funding from sriAHEC