

Strong Kids, Strong Families, Strong Communities:

Free 2-Part Professional Development Training for Home Visitors

Part 1: Investing in the Well-Being of Children Early in Life

Part 2: Advancing a Trauma-Informed Approach Within Home Visitation Programs



This training will review the science of ACEs (Adverse Childhood Experiences), adverse community environments, and the impact of toxic stress on the brain to understand stress activation for the child and family. Science is showing that resilience and flourishing is possible even in the midst of adversity. Resilience can be developed at any age and the role of positive experiences will be reviewed. Asset-informed, trauma-sensitive approaches that strengthen child and family connections to support long-term health and well-being will be shared. The virtual event will provide an opportunity for new learning, application, and understanding through self-reflection, breakout room assignments with peers, report and full group discussion and online networking with other Home Visitation professionals.

By the end of the series, participants will demonstrate these Learning Objectives:

- 1) Increase knowledge of healthy brain development, including the impact of ACEs and toxic stress*
- 2) Increase knowledge of the impact of Adverse Community Environments that set the context for ACEs*
- 3) Increase knowledge of the importance of safe relationships, positive experiences, and protective factors*
- 4) Increase knowledge in successful strategies to build stress resilience & well-being, especially amidst COVID*

Webinar Series Options <i>(Your Choice of Dates)</i>	Virtual Program Times
Wednesdays, Oct 28th & Nov 4th, 2020	9:00-10:30 AM
Tuesdays, Nov 10th & 17th, 2020	1:00-2:30 PM

Approved for 3.0 hours of PD credit from the RI Center for Early Learning Professionals

To register, go to: <https://maineresilience.org/events>

For assistance contact info@maineresilience.org

Training provided by the **Washington County Coalition for Children** in collaboration with the **Maine Resilience Building Network**. The Coalition is southern RI's child advocacy organization working to foster community change so all children thrive. Maine Resilience Building Network has been working to increase the understanding of ACEs and the importance of building resilience through protective factors for over a decade.



This training was made possible by federal PDG B-5 funding provided to the Coalition by the RI Dept. of Health