

Strong Kids, Strong Families, Strong Communities:

Free 2-Part Professional Development Training
Designed Specifically for Early Childhood Center Staff

Part 1: The Impact of ACEs and Resilience Building

Part 2: Fostering Resilient Learning Environments: Educating Young Students in Calm, Connected and Science-Informed Ways



This training will review ACEs (Adverse Childhood Experiences) research, early brain development, the impact of toxic stress on development, and protective factors such as positive relationships. Family and classroom resilience-informed strategies to promote resilience building for our children birth-5 will be introduced. Asset-informed, trauma-sensitive approaches that strengthen child-teacher connections to support social emotional learning and well-being will be shared. The virtual event will provide an opportunity for new learning, application and understanding through self-reflection, breakout room assignments with peers, report and full group discussion and networking with other Rhode Island Early Childhood Center Educators.

By the end of the series, participants will demonstrate these Learning Objectives:

- 1) Increase knowledge of healthy brain development, including the impact of ACEs and toxic stress*
- 2) Increase knowledge of the importance of safe relationships and environments as a frontline approach.*
- 3) Increase knowledge of the principles of regulation and strategies to co-regulate with children.*
- 4) Increase knowledge in successful strategies to build stress resilience & well-being, especially amidst COVID*

Webinar Series Options <i>(Your Choice of Dates)</i>	Virtual Program Times
Wednesdays, Oct 28th & Nov 4th, 2020	1:00-2:30 PM
Tuesdays, Nov 10th & Nov 17th, 2020	9:00-10:30 AM

Approved for 3.0 hours of PD credit from the RI Center for Early Learning Professionals

To register, go to: <https://maineresilience.org/events>

For assistance contact info@maineresilience.org

Training provided by the **Washington County Coalition for Children** in collaboration with the **Maine Resilience Building Network**. The Coalition is southern RI's child advocacy organization working to foster community change so all children thrive. The Maine Resilience Building Network has been working to increase the understanding of ACEs & the importance of building resilience through protective factors for over a decade.



Training was made possible by federal PDG B-5 funding provided to the Coalition by the RI Dept. of Health